



Warragul Gymnastics Club Newsletter



Club News

SQUAD INTAKE 2022

Over the next couple of weeks we will be assessing our 6-12 year old gymnasts and sending out invites to fill our junior squads for next year.

If you would like us to have a look at your child then please send me a message via facebook or email.

COMMITTEE NEWS

The Warragul Gymnastic Club is a not for profit association that is overseen by a committee of Management. Meetings are held at least once a term. If you would like to join the committee please send the club an email.

We are holding our AGM on the 16th of November, all forms are attached to this email. If you would like further information then please contact the club. We are always looking for new members.

TERM DATES

Last day of Gymnastic for 2022 will be Tuesday the 13th of December.

As we head into the final few weeks of Term 4, we have some awesome things happening.

We have our In-House competition on the 10/12, forms will be sent out shortly.

We have our AGM on the 16th of November, if you would like to become a member of our Committee of Management please see forms attached.

We will be doing a couple of movie nights in December to give all our tired parents / carers a night off. Dates will be announced soon.

Kind regards
Angela

SPECTATORS WEEK

Once a term we open the club to parents / carers to watch their child's full session. This term that will be the week of:

7-13th of December



IN-HOUSE COMPETITION

10TH of DECEMBER 2022

If we only have one session then it will start at 9am, If we have 2 session then the second session will start at 11.30am

Gymnasts will be left with their coaches and spend the entire competition with their coaches. After awards, gymnasts will be returned to parents. Gymnast may wear any gymnastics attire, shorts, fitted t-shirts. Long hair must be in a bun, pony or pigtails.

Please make sure that your gymnast has a named water bottle, there will be many gymnasts in the comp so it could get lost.

Also, we may not have time for a snack break and will struggle to have enough room for all gymnasts to carry a bag with them, so please ensure that gymnasts have a good breakfast prior to the competition. Gymnasts will be offered snacks during the competition please let Angela know if there are any food allergies.

All gymnasts will compete on 4 apparatus: Vault, Bars, Beam and Floor.

All gymnasts from a 1-hour class will do their routines on their own, but will be scored as teams.

All 1.5-hour class gymnasts will compete as individuals.

Spectators are welcome. However, we would like to ask that we try and limit it to **2** per gymnast. As you can imagine we have limited space and there will be approximately 85 gymnasts in the competition.

Housekeeping

IMPORTANT REMINDERS



Spectators will be allowed in for 15mins at the beginning of your child's first class, so that you can see that they are settled and happy. We have found that having audience can cause our gymnasts to be distracted and make drink breaks a lot longer. For some classes we only have 1 hour, so we want to make sure it is packed as full of as much gymnastics as possible.

If a child becomes upset or just wants a parent, you are the first person we will call. We want this experience to be positive and having an upset child will not achieve that. We also understand that you would like to watch your child participate and for that purpose we will have an open week at the end of every term, where you will be able to watch their whole session.

Please make sure that Parents/Carers are coming up to the door to pick up their under 13-year old children. Children under 13 will not be permitted to leave the building without an adult as the car park can be dangerous when dark due to it not being well lit.

Please make sure that your child has shoes on when coming and going from the club, recently there has been razor blades and glass found in the car park.

Facebook/Instagram is the club's best form of information distribution, it is highly recommended to follow us on Facebook to receive the most up to date information regarding your gymnastics.

https://www.instagram.com/warragul_gymnastics_club/

<https://www.facebook.com/Warragul-Gymnastic-Club-229531764167278>

GYMNASTICS IN 2023

We will be running a similar timetable in 2023. There will be no rollover from 2022, so every gymnast will need to register for a class. The classes will be posted on the website, mid-late January, the exact date will be posted on the Facebook page.

We will be offering a discounted membership fee for 2023 in December for those that want to register early. This does not enrol your child in a class, but it will give you 5 days early access to the class registrations.

SQUAD NEWS

A massive congratulations to Hannah, Lucy and Matilda for representing the club at the Victorian Championship in Geelong.
The girls had a fantastic competition and we are so proud of them.

